



Inspiration to Run!

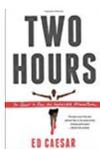
Global Running Day is June 5th

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First Ladies of Running: 22 inspiring profiles of the rebels, rule breakers, and visionaries who changed the sport forever by Amby Burfoot

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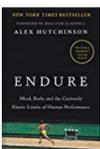
Two Hours: the quest to run the impossible marathon by Ed Caesar

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Spirit of the Marathon [videorecording] directed by Jon Dunham

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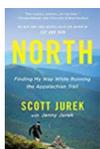
Endure: mind, body, and the curiously elastic limits of human performance by Alex Hutchinson

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Eat & Run: my unlikely journey to ultramarathon greatness by Scott Jurek

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North: finding my way while running the Appalachian Trail by Scott Jurek

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Running Your First Marathon: the complete 20-week marathon training plan by Andrew Kastor

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Let Your Mind Run: a memoir of thinking my way to victory by Deena Kastor

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Run to Overcome: the inspiring story of an American champion's long-distance quest to achieve a big dream by Men Keflezighi

Bridgeport, June Lake, Lee Vining and Mammoth Lakes Libraries



What I Talk About When I Talk About Running: a memoir by Haruki Murakami

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